



King's Research Portal

DOI:

[10.1016/j.ajog.2018.11.1087](https://doi.org/10.1016/j.ajog.2018.11.1087)

Document Version

Peer reviewed version

[Link to publication record in King's Research Portal](#)

Citation for published version (APA):

Wright, D., Tan, M. Y., O'Gorman, N., Poon, L. C., Syngelaki, A., Wright, A., & Nicolaides, K. H. (2018). Predictive performance of the competing risk model in screening for preeclampsia. *American Journal of Obstetrics and Gynecology*. <https://doi.org/10.1016/j.ajog.2018.11.1087>

Citing this paper

Please note that where the full-text provided on King's Research Portal is the Author Accepted Manuscript or Post-Print version this may differ from the final Published version. If citing, it is advised that you check and use the publisher's definitive version for pagination, volume/issue, and date of publication details. And where the final published version is provided on the Research Portal, if citing you are again advised to check the publisher's website for any subsequent corrections.

General rights

Copyright and moral rights for the publications made accessible in the Research Portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognize and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the Research Portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the Research Portal

Take down policy

If you believe that this document breaches copyright please contact librarypure@kcl.ac.uk providing details, and we will remove access to the work immediately and investigate your claim.

Accepted Manuscript

Predictive performance of the competing risk model in screening for preeclampsia

David Wright, Ph.D., Min Yi Tan, M.D., Neil O’Gorman, M.D., Liona C. Poon, M.D.,
Argyro Syngelaki, Ph.D., Alan Wright, Ph.D., Kypros H. Nicolaides, M.D.



PII: S0002-9378(18)32112-4

DOI: <https://doi.org/10.1016/j.ajog.2018.11.1087>

Reference: YMOB 12435

To appear in: *American Journal of Obstetrics and Gynecology*

Received Date: 11 September 2018

Revised Date: 28 October 2018

Accepted Date: 8 November 2018

Please cite this article as: Wright D, Tan MY, O’Gorman N, Poon LC, Syngelaki A, Wright A, Nicolaides KH, Predictive performance of the competing risk model in screening for preeclampsia, *American Journal of Obstetrics and Gynecology* (2018), doi: <https://doi.org/10.1016/j.ajog.2018.11.1087>.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Predictive performance of the competing risk model in screening for preeclampsia

David WRIGHT, Ph.D.,¹ Min Yi TAN, M.D.,² Neil O'GORMAN M.D.,¹ Liona C. POON, M.D.,² Argyro SYNGELAKI, Ph.D.,² Alan WRIGHT, Ph.D.¹ Kypros H. NICOLAIDES, M.D.¹

1. Institute of Health Research, University of Exeter, Exeter, UK.

2. Harris Birthright Research Centre for Fetal Medicine, King's College, London, UK.

Correspondence:

Professor KH Nicolaides, Harris Birthright Research Centre for Fetal Medicine, Fetal Medicine Research Institute, King's College Hospital, Denmark Hill, London SE5 8BB, UK. Tel: 00 44 2032998256, email: kypros@fetalmedicine.com

Conflict of interest: None

Acknowledgement: The study was supported by a grant from the Fetal Medicine Foundation (UK Charity No: 1037116). This body had no involvement in the study design; in the collection, analysis and interpretation of data; in the writing of the report; and in the decision to submit the article for publication.

Abstract word count: 619, **Main text word count:** 3514

Condensation

Results from two validation datasets are consistent good with those of the training set used for development of the competing risk model of screening for preeclampsia.

Short version of article title

Competing risks model in screening for preeclampsia

ABSTRACT

Background

The established method of screening for preeclampsia (PE) is to identify risk factors from maternal demographic characteristics and medical history; in the presence of such factors the patient is classified as high-risk and in their absence as low-risk. However, the performance of such approach is poor. We developed a competing risks model which allows combination of maternal factors (age, weight, height, race, parity, personal and family history of PE, chronic hypertension, diabetes mellitus, systemic lupus erythematosus or antiphospholipid syndrome, method of conception and interpregnancy interval), with biomarkers to estimate the individual patient-specific risks of PE requiring delivery before any specified gestation. The performance of this approach is by far superior to that of the risk scoring systems.

Objective: To examine the predictive performance of the competing risks model in screening for PE by a combination of maternal factors, mean arterial pressure (MAP), uterine artery pulsatility index (PI), and serum placental growth factor (PLGF), referred to as the triple test, in a training dataset for development of the model and two validation studies.

Study design: The data for this study were derived from three previously reported prospective non-intervention multicenter screening studies for PE in singleton pregnancies at 11⁺⁰ – 13⁺⁶ weeks' gestation. In all three studies, there was recording of maternal factors and biomarkers and ascertainment of outcome by appropriately trained personnel. The first study of 35,948 women, which was carried out between February 2010 and July 2014, was used to develop the competing risks model for

prediction of PE and is therefore considered to be the training set. The two validation studies comprised of 8,775 and 16,451 women, respectively and they were carried out between February and September 2015 and between April and December 2016, respectively. Patient-specific risks of delivery with PE at <34, <37 and <41⁺³ weeks' gestation were calculated using the competing risks model and the performance of screening for PE by maternal factors alone and the triple test in each of the three datasets was assessed. We examined the predictive performance of the model by first, the ability of the model to discriminate between the PE and no PE groups using the area under the receiver operating characteristic (AUROC) curve and the detection rate (DR) at fixed screen positive rate (SPR) of 10%, and second, calibration by measurements of calibration slope and calibration-in-the-large.

Results: The DR at SPR of 10% of early-PE, preterm-PE and all-PE was about 90%, 75% and 50%, respectively and the results were consistent between the training and two validation datasets. The AUROC curve was >0.95, >0.90 and >0.80, respectively, demonstrating a very high discrimination between affected and unaffected pregnancies. Similarly, the calibration slopes were very close to 1.0 demonstrating a good agreement between the predicted risks and observed incidence of PE. In the prediction of early-PE and preterm-PE the observed incidence in the training set and one of the validation datasets was consistent with the predicted one. In the other validation dataset, which was specifically designed for evaluation of the model, the incidence was higher than predicted presumably because of better ascertainment of outcome. The incidence of all-PE was lower than predicted in all three datasets because at term many pregnancies deliver for reasons other than PE and therefore

pregnancies considered to be at high-risk for PE that deliver for other reasons before they develop PE can be wrongly considered to be false positives.

Conclusions: The competing risks model provides an effective and reproducible method for first-trimester prediction of early-PE and preterm-PE, as long as the various components of screening are carried out by appropriately trained and audited practitioners. Early prediction of preterm-PE is beneficial because treatment of the high-risk group with aspirin is highly effective in the prevention of the disease.

Key words: First trimester screening, Preeclampsia, Competing risks model, Survival model, Performance of screening, Discrimination, Calibration, Aspirin, ASPRE trial, Uterine artery Doppler, Mean arterial blood pressure, Placental growth factor.

AJOG at a Glance

- A. To assess the predictive performance of the competing risks model for preeclampsia using the first trimester triple test that combines maternal factors, mean arterial pressure, uterine artery pulsatility index, and serum placental growth factor.
- B. Results from two prospective multi-center validation data sets show that, with appropriately trained staff and quality control of measurement, preeclampsia, especially that leading to early delivery, can be predicted effectively using the triple test. These results are consistent with those obtained from the training data set.
- C. The competing risks model provides an effective and reproducible method for first-trimester prediction of preeclampsia.

Introduction

The established method of screening for PE is to identify risk factors from maternal demographic characteristics and medical history; in the presence of such factors the patient is classified as high-risk and in their absence as low-risk.^{1,2} The performance of this approach is poor³⁻⁵ and, though it is simple, it does not quantify individual patient specific risks. An alternative way of screening is to use logistic regression models fitted to maternal characteristics and medical history alone or in combination with biomarkers to predict early, late or all PE.⁶⁻¹⁰ Such models are useful in quantifying the individual patient specific risk for PE, rather than just classifying women into high- and low-risk groups. However, they do not allow the flexibility of selecting different gestational age cut-offs for categorizing the severity of PE, they do not take into account the fact that the deviation in biomarker levels from normal depends on the severity of the disease and they cannot be easily expanded to include additional biomarkers measured at different stages in pregnancy.

We have developed a competing risks approach that allows combination of maternal factors with biomarkers to estimate the individual patient-specific risks of PE requiring delivery before any specified gestation.^{11,12} This is based on a survival-time model for the gestational age at delivery with PE and it is assumed that if the pregnancy was to continue indefinitely all women would develop PE and whether they do so or not before a specified gestational age depends on competition between delivery before or after development of PE. Based on model fit and ease of interpretation, a Gaussian

model for gestational age at delivery was chosen. The effects of variables from maternal factors and biomarkers is to modify the distribution of gestational age at delivery with PE so that in pregnancies at low risk for PE the gestational age distribution is shifted to the right with the implication that in most pregnancies delivery will actually occur before development of PE. In high-risk pregnancies the distribution is shifted to the left and the smaller the mean gestational age the higher is the risk for PE. In one previous study of 120,492 singleton pregnancies undergoing screening at 11-13 weeks' gestation we reported the development of the competing risks model based on maternal characteristics and medical history, including age, weight, height, race, parity, personal and family history of PE, chronic hypertension, diabetes mellitus, systemic lupus erythematosus or antiphospholipid syndrome, method of conception and interpregnancy interval.³ In another study of 35,948 singleton pregnancies we reported effective screening for preterm-PE, with delivery at <37 weeks' gestation, by a combination of maternal factors with mean arterial pressure (MAP), uterine artery pulsatility index (PI), and serum placental growth factor (PLGF).¹³ A limitation of the study was that the performance of screening by a model derived and tested using the same dataset is overestimated. We used cross validation to reduce this effect, but suggested the necessity for external validation on independent data from different sources.

The objective of this study is to examine the predictive performance of the competing risks model in screening for PE with delivery <34 weeks (early-PE), <37 weeks (preterm-PE) and delivery at any gestation (all-PE) by maternal factors alone and a

combination of maternal factors, MAP, UtA-PI and PLGF (triple test) in the training dataset¹³ for development of the model and two validation studies.

Methods

Study populations

The data for this study were derived from three previously reported prospective non-intervention screening studies at 11⁺⁰ – 13⁺⁶ weeks' gestation with a combined total of 61,174 singleton pregnancies, including 1,770 (2.9%) that developed PE.^{4,13,14}

The first study comprised of 35,948 women attending for their routine first hospital visit in pregnancy at King's College Hospital and Medway Maritime Hospital, UK, between February 2010 and July 2014.¹³ This dataset was used to develop the competing risks model for prediction of PE and is therefore considered to be the training set. The second study, referred to as SQS (screening quality study), comprised of 8,775 singleton pregnancies undergoing first-trimester screening for PE, using the competing risks model developed in the first study,¹³ in 12 maternity hospitals in England, Spain, Belgium, Italy and Greece, between February and September 2015.¹⁴ This study was carried out before ASPRE (Combined Multimarker Screening and Randomized Patient Treatment with Aspirin for Evidence-Based Preeclampsia Prevention) trial¹⁵ and was primarily designed to examine the feasibility of multicenter screening and establish methods for quality assurance of the biomarkers and the results from screening were not made available to the patients or their obstetricians. The third study, referred to as SPREE, was a multicenter cohort

study in 16,451 women carried out in seven National Health Service maternity hospitals in England, between April and December 2016.⁴ This study was specifically designed to examine the performance of screening by the algorithm established in the first study¹³ in comparison with that of the method advocated by NICE;¹ the results from screening by the competing risks model were not made available to the patients or their obstetricians.

In all three studies, women with singleton pregnancies in the participating hospitals had a routine examination at 11⁺⁰ - 13⁺⁶ weeks' gestation. This visit included first, recording of maternal characteristics and medical history,³ second, measurement of the left and right UtA-PI by transabdominal color Doppler ultrasound and calculation of the mean PI,¹⁶ third, measurement of MAP by validated automated devices and standardized protocol,¹⁷ and fourth, measurement of serum concentration of PLGF (DELFIAXpress system, PerkinElmer Life and Analytical Sciences, Waltham, USA or BRAHMS KRYPTOR analyzer, Thermo Fisher Scientific, Hennigsdorf, Germany). The measurements of MAP were carried out by healthcare assistants or sonographers who had received specific training for this purpose and measurements of UtA-PI were performed by doctors or sonographers who had obtained the Fetal Medicine Foundation Certificate of Competence in Doppler ultrasound. In both validation studies quality control was applied on a monthly basis to achieve consistency of measurement of biomarkers across different hospitals throughout the duration of the study. The distribution of measurements of MAP and UtA-PI were reported to the coordinator who provided feedback and if necessary retraining of the

personnel with large deviations from the expected values. Similarly the laboratories were provided with diagnostics for PLGF measurements so that appropriate corrective actions could be undertaken. Gestational age was determined from the fetal crown-rump length.¹⁸ The women gave written informed consent to participate in the studies, which were approved by the relevant research ethics committee in each participating hospital.

The inclusion criteria were singleton pregnancy undergoing first-trimester combined screening for PE and subsequently delivering a morphologically normal live birth or stillbirth at ≥ 24 weeks' gestation. We excluded pregnancies with aneuploidies and major fetal abnormalities and those ending in termination, miscarriage or fetal death before 24 weeks.

Outcome measures were early-PE, preterm-PE and all-PE. Data on pregnancy outcome were collected from the hospital maternity records or the general medical practitioners of the women. The obstetric records of all women with pre-existing or pregnancy associated hypertension were examined to determine if the condition was PE, as defined by the International Society for the Study of Hypertension in Pregnancy.¹⁹ This includes the finding of hypertension (systolic blood pressure of ≥ 140 mm Hg or diastolic blood pressure of ≥ 90 mmHg on at least two occasions four hours apart developing after 20 weeks' gestation in previously normotensive women) and proteinuria (≥ 300 mg/24h or protein to creatinine ratio ≥ 30 mg/mmol or $\geq 2+$ on dipstick testing),

Statistical analysis

Patient-specific risks of delivery with PE at <34, <37 and <41⁺³ weeks' gestation were calculated using the competing risks model to combine the prior distribution of the gestational age at delivery with PE, obtained from maternal characteristics and medical history, with multiple of the median (MoM) values of MAP, UtA-PI and PLGF.^{3,13} The performance of screening for early-PE, preterm-PE and all-PE by the triple test in each of the three datasets was assessed.

We examined the predictive performance of the model by first, the ability of the model to discriminate between the PE and no PE groups and second, calibration, which assesses agreement between predicted risks and outcomes (for a well calibrated model, amongst those women with a risk of *1 in n* the incidence should be *1 in n*). Discrimination was assessed by the area under the receiver operating characteristic (AUROC) curve (this indicates perfect discrimination if the value is 1 and no discrimination beyond chance if the value is 0.5) and the DR at fixed SPR of 10%. Calibration was assessed visually through a series of figures showing the observed incidence against that predicted from risk for PE <32, <34, <37 and <41⁺³ weeks' gestation by maternal factors and the triple test. The plots were produced by grouping the data into bins according to risk. The observed incidence in each group was then plotted against the incidence predicted by the model (i.e. the mean risks within each group). Quantitative assessment of calibration was by recording of measurements of calibration in-the-large and calibration slope. Calibration-in-the-large is a measure of

whether generally the risks are too high or too low. This is quantified by the estimated intercept from a logistic regression of incidence on the logit of risk with the slope fixed at 1. The intercept is a measure of the deviation of the observed incidence from the predicted. For perfectly calibrated risks, the intercept should be zero. If there is a general tendency for underestimation, so that the observed incidence is larger than that predicted, the intercept will be positive. Conversely, for overestimation, the intercept will be negative. The calibration slope assesses the calibration across the range of risks and is the slope of the regression line of the logistic regression of incidence on the logit of risk. If the risk is well calibrated, then the slope should be 1.0. A slope less than 1 means that the relationship between risk and incidence is flatter than it should be. A calibration slope greater than 1 means the relationship is steeper than it should be.

The risks produced from our competing risks model are for delivery with PE before a specific gestation assuming no other cause for delivery. Because other cause deliveries are effectively censored observations, the actual incidence of PE would be expected to be lower than predicted. For early gestations, when there are few other cause deliveries, the effects would be small. At later gestations, with many other cause deliveries, the effect of censoring may be substantial. Consequently, we applied survival analysis (Kaplan Meier) to estimate incidence of delivery with PE treating deliveries from other causes as censored observations.

The statistical software package R was used for data analyses.²⁰ The package pROC was used for the receiver operating characteristic (ROC) curve analysis and the package survival was used for survival analysis.²¹⁻²³

Results

Maternal and pregnancy characteristics in the training set, SQS and SPREE populations are provided and compared in Table 1.

Performance of screening for early-PE, preterm-PE and all-PE is given in Table 2. Receiver operating characteristics curves for the performance of screening for early-PE, preterm-PE and all-PE in the three datasets and their combination by the triple test are shown in Figures 1, S1 and S2. Calibration plots of the predictive performance of the competing risks model for early-PE, preterm-PE and all-PE using the triple test in the tree datasets are shown in Figures 2, S3 and S4.

The AUROC curve and DR at SPR of 10% of early-PE, preterm-PE and all-PE in the two testing datasets were very similar to that in the training set. In the prediction of early-PE, preterm-PE and all-PE by the triple test the AUROC curve was >0.95 , >0.90 and >0.80 , respectively, demonstrating a very high discrimination between affected and unaffected pregnancies. Similarly, the calibration slopes were very close to 1.0 demonstrating a good agreement between the predicted risks and observed incidence of PE.

In the prediction of early-PE and preterm-PE the observed incidence in the training and SQS datasets was consistent with the predicted one, but for SPREE the incidence was higher than predicted; this is likely to be due to better ascertainment of

outcome in SPREE. The incidence of all-PE was lower than predicted in all three datasets (Figure S3). After adjustment for the effect of censoring due to births from causes other than PE, the incidence was consistent with the predicted one (Figure S6).

Discussion

Main findings of the study

This study on the predictive performance of the competing risks model for PE demonstrate that the results from two validation datasets, derived from prospectively collected data from multicenter studies, are consistent with those of the training set used for development of the model.

The triple test provided very high discrimination between affected and unaffected pregnancies for early-PE and preterm-PE in each of the three datasets with values for the AUROC curve of >0.95 , and >0.90 , respectively, and DR at 10% SPR of about 90%, and 75%, respectively. The performance of screening at 11-13 weeks for term-PE is poor¹³ and since about 70% of all cases of PE occur at term the AUROC curve for all-PE and the DR at 10% SPR were about 0.8 and 50%, respectively. There are two main reasons for poor discrimination for term-PE from screening at 11-13 weeks. First, in pregnancies with PE the deviation from normal in MAP, UtA-PI and PLGF MoM decreases with increasing gestational age and especially for UtA-PI there is little discrimination between term-PE and unaffected pregnancies.¹³ Second, at term many pregnancies deliver for reasons other than PE. Therefore, pregnancies considered to

be at high-risk for PE that deliver for other reasons are counted as false positives even though many would have developed PE if the pregnancy had continued. More effective screening for term-PE by the competing risks model can be provided at 35-37 weeks' gestation using a combination of maternal factors, MAP, PLGF and serum soluble fms-like tyrosine kinase-1 (sFLT-1).^{24,25}

Calibration refers to how well the predictions from the model agree with the observed outcomes. Deviations between the predicted and observed outcome do not only reflect on the accuracy of a given model but could also be the consequence of differences between the studies used for development of the model and those used for validation in terms of first, methodology and accuracy of recording maternal characteristics and medical history and the measurement of biomarkers and second, definition and ascertainment of the outcome measure. In all three datasets there was prospective collection of data on maternal factors and biomarkers using a standardized protocol, the same definition of PE was used and the approach to ascertainment of outcome was similar. The results of the study demonstrate that in both the training and validation datasets calibration of risks for PE were generally good with the calibration slope very close to 1.0.

In SPREE there was a tendency for the risks to underestimate the incidence of early-PE and preterm-PE. A possible explanation for this finding is that in the training set there was general screening for many pregnancy complications, the data were collected over many years and many doctors were involved in the ascertainment of

outcome. In contrast, SQS and SPREE were specifically designed for prediction of PE, recruitment was completed within a few months and only one doctor was overall responsible for ascertainment of outcome. Indeed ascertainment in SPREE is likely to have been higher than in SQS because the latter focused more on quality assurance of biomarkers rather than performance of screening.

In all three datasets the observed incidence of all-PE was lower than the predicted one. The likely explanation for this finding is the same as for the poorer performance of the competing risks model for term-PE because many pregnancies with estimated high risk for PE would deliver earlier than the expected event for reasons other than PE. After adjustment for the effect of censoring due to births from causes other than PE, the observed incidence in the training set and SQS was closer to the predicted one, but in the case of SPREE, the observed incidence became higher than the predicted one; this finding could be a reflection of the higher ascertainment of cases of PE in SPREE.

Strengths and limitations

The strengths of this study include: first, use of a large dataset of prospectively collected data on maternal factors and biomarkers to develop the model, second, prospective evaluation of discrimination and calibration of the prespecified model in two independent multicenter studies^{4,12} which were overseen by an independent clinical trials unit, and third, assessment of calibration allowing for the effect of

censoring due to births from causes other than PE. The combined data from the studies is now being used to refine the competing risk model.

The results of the study have confirmed the accuracy of the competing risks model. However, application of the model in clinical practice necessitates the appropriate infrastructure for accurate recording of maternal characteristics and medical history, appropriate training of personnel undertaking the measurement of biomarkers and regular audit of their results, standardization of biomarkers that may vary in different populations and with different assays, use of the same outcome measures and good ascertainment for such outcome.

Results of previous studies

A previous study examined our competing risks model in 541 nulliparous women at 11-13 weeks' gestation and reported that the DR of preterm-PE and all-PE, at false positive rate (FPR) of 10%, was 80% and 40%, respectively.²⁶ The number of cases examined is very small but the results are consistent with our findings.

A prospective study in 3066 women evaluated a previously published first-trimester algorithm for prediction of early-PE that was derived by logistic regression using maternal factors and biomarkers and reported that the DR, at 10% FPR, of early-PE was 92%, which was similar to the 95% reported in the original model.²⁷ Another prospective study evaluated previously published first-trimester algorithms for prediction of PE that were derived by logistic regression using maternal factors and

biomarkers.²⁸ The validation dataset consisted of between 871 and 2962 women, depending on the variables required in the published algorithms. The DR, at FPR of 10%, in six algorithms for early-PE varied from 29 to 80% and in two algorithms for late-PE (≥ 34 weeks) it was 18% and 53%.

Implications for clinical practice

NICE and ACOG recommend screening for PE by maternal factors and treatment of the screen positive group with aspirin at a daily dose of 75 mg and 81 mg, respectively.^{1,2} However, recent evidence suggests such approach to prediction and prevention of PE is likely to be ineffective, because the performance of the screening method is poor and the recommended dose of aspirin is inadequate.

As demonstrated by this study, the competing risks model using the triple test can predict about 90% of early-PE and 75% of preterm-PE, at SPR of 10%; at the same SPR the DR achieved by the methods recommended by NICE and ACOG is half as much.⁴ Treatment of the group identified by the competing risks model as being at high-risk for preterm-PE with aspirin (150 mg/day from 11-14 weeks' gestation to 36 weeks) reduces the rate of preterm-PE by about 60%, early-PE by about 80% and very early-PE by about 90%, but there is little evidence of a reduction in incidence of PE with delivery at term.¹⁵ Screening and prevention of PE is also associated with reduction in the length of stay in the neonatal intensive care unit by about 70%, because about 85% of such length of stay is due to births at < 32 weeks which are substantially reduced.²⁹ A secondary analysis of the ASPRE trial demonstrated that

the beneficial effect of aspirin depends on adherence and the reduction in incidence of preterm-PE may be about 75% in those with adherence of $\geq 90\%$ and only 40% in those with adherence of $< 90\%$.³⁰ A subgroup analysis of the ASPRE trial demonstrated that there was no evidence of heterogeneity in the beneficial effect of aspirin in reducing the incidence of preterm-PE in subgroups defined according to maternal age, body mass index, racial origin, method of conception, smoking, family history of PE, obstetrical history, and history of pre-existing medical conditions, except for chronic hypertension; in chronic hypertension prophylactic use of aspirin may not be useful in the prevention of preterm-PE.³¹ Meta-analyses of trials on the use of aspirin in women at high-risk for PE have reported that first, use of aspirin at a daily dose of < 100 mg or onset at > 16 weeks' gestation did not prevent PE, second, aspirin at ≥ 100 mg / day started at < 16 weeks reduced the risk of preterm-PE by 67% but has no significant effect on the incidence of term-PE, and third, aspirin at ≥ 100 mg / day started at > 16 weeks may increase the risk of placental abruption and antepartum hemorrhage.^{32,33}

Conclusion

The competing risks model provides an effective and reproducible method for first-trimester prediction of preterm-PE, provided the various components of screening are carried out by appropriately trained and audited practitioners. Early prediction of preterm-PE is beneficial because treatment of the high-risk group with aspirin at a daily dose of ≥ 100 mg is highly effective in the prevention of the disease.

References

1. National Collaborating Centre for Women's and Children's Health (UK). Hypertension in Pregnancy: The Management of Hypertensive Disorders During Pregnancy. London: RCOG Press, 2010.
2. ACOG Committee Opinion No. 743 Summary: Low-Dose Aspirin Use During Pregnancy. *Obstet Gynecol* 2018;132:254-6.
3. Wright D, Syngelaki A, Akolekar R, Poon LC, Nicolaides KH. Competing risks model in screening for preeclampsia by maternal characteristics and medical history. *Am J Obstet Gynecol* 2015;213:62 e1-10.
4. Tan MY, Wright D, Syngelaki A, Akolekar R, Cicero S, Janga D, et al. Comparison of diagnostic accuracy of early screening for pre-eclampsia by NICE guidelines and a method combining maternal factors and biomarkers: results of SPREE. *Ultrasound Obstet Gynecol* 2018;51:743-50.
5. Gallo DM, Wright D, Casanova C, Campanero M, Nicolaides KH: Competing risks model in screening for preeclampsia by maternal factors and biomarkers at 19-24 weeks' gestation. *Am J Obstet Gynecol* 2016;214:619.e1-619.e17.
6. Poon LC, Kametas NA, Chelemen T, Leal A, Nicolaides KH. Maternal risk factors for hypertensive disorders in pregnancy: a multivariate approach. *J Hum Hypertens* 2010;24:104-10.
7. Poon LC, Akolekar R, Lachmann R, Beta J, Nicolaides KH. Hypertensive disorders in pregnancy: screening by biophysical and biochemical markers at 11-13 weeks. *Ultrasound Obstet Gynecol* 2010;35:662-70.
8. Akolekar R, Syngelaki A, Sarquis R, Zvanca M, Nicolaides KH. Prediction of early, intermediate and late pre-eclampsia from maternal factors, biophysical and biochemical markers at 11-13 weeks. *Prenat Diagn* 2011;31:66-74.
9. Scazzocchio E, Figueras F, Crispi F, Meler E, Masoller N, Mula R, et al. Performance of a first-trimester screening of preeclampsia in a routine care low-risk setting. *Am J Obstet Gynecol* 2013;208:203.e1-.e10.
10. Baschat AA, Magder LS, Doyle LE, Atlas RO, Jenkins CB, Blitzer MG. Prediction of preeclampsia utilizing the first trimester screening examination. *Am J Obstet Gynecol* 2014;211:514.e1-7.
11. Wright D, Akolekar R, Syngelaki A, Poon L, Nicolaides KH. A competing risks model in early screening for preeclampsia. *Fetal Diagn Ther* 2012;32:171-8.
12. Akolekar R, Syngelaki A, Poon L, Wright D, Nicolaides KH. Competing risks model in early screening for preeclampsia by biophysical and biochemical markers. *Fetal Diagn Ther* 2013;33:8-15.

13. O'Gorman N, Wright D, Syngelaki A, Akolekar R, Wright A, Poon LC, Nicolaides KH. Competing risks model in screening for preeclampsia by maternal factors and biomarkers at 11-13 weeks' gestation. *Am J Obstet Gynecol* 2016; 214:103.e1-103.e12.
14. O'Gorman N, Wright D, Poon LC, et al. Accuracy of competing-risks model in screening for pre-eclampsia by maternal factors and biomarkers at 11-13 weeks' gestation. *Ultrasound Obstet Gynecol* 2017;49:751-5.
15. Rolnik DL, Wright D, Poon LC, O'Gorman N, Syngelaki A, et al. Aspirin versus placebo in pregnancies at high risk for preterm preeclampsia. *N Engl J Med* 2017;377:613-22.
16. Plasencia W, Maiz N, Bonino S, Kaihura C, Nicolaides KH. Uterine artery Doppler at 11+0 to 13+6 weeks in the prediction of pre-eclampsia. *Ultrasound Obstet Gynecol* 2007;30:742-9.
17. Poon LC, Zymeri NA, Zamprakou A, Syngelaki A, Nicolaides KH. Protocol for measurement of mean arterial pressure at 11-13 weeks' gestation. *Fetal Diagn Ther* 2012;31:42-8.
18. Robinson HP, Fleming JE. A critical evaluation of sonar crown rump length measurements. *Br J Obstet Gynaecol* 1975;82:702-10.
19. Brown MA, Lindheimer MD, de Swiet M, Van Assche A, Moutquin JM. The classification and diagnosis of the hypertensive disorders of pregnancy: Statement from the international society for the study of hypertension in pregnancy (ISSHP). *Hypertens Pregnancy* 2001;20:IX–XIV.
20. Geisser S. Predictive Inference. New York: Chapman and Hall; 1993.
21. R Development Core Team. R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. 2011.
22. Robin X, Turck N, Hainard A, Tiberti N, Lisacek F, Sanchez J-C, Müller M. pROC: an open-source package for R and S+ to analyze and compare ROC curves. *BMC Bioinformatics* 2011; 12: 77.
23. Therneau T. A Package for Survival Analysis in S. R package version 2.37-7 2014. Available from: <http://CRAN.R-project.org/package=survival>.
24. Andrietti S, Silva M, Wright A, Wright D, Nicolaides KH. Competing-risks model in screening for pre-eclampsia by maternal factors and biomarkers at 35-37 weeks' gestation. *Ultrasound Obstet Gynecol* 2016;48:72-9.
25. Panaitescu AM, Wright D, Militello A, Akolekar R, Nicolaides KH. Proposed clinical management of pregnancies after combined screening for pre-eclampsia at 35-37 weeks' gestation. *Ultrasound Obstet Gynecol* 2017;50:383-387.
26. Skråstad RB, Hov GG, Blaas HG, Romundstad PR, Salvesen KÅ. Risk assessment for preeclampsia in nulliparous women at 11-13 weeks gestational age: prospective evaluation of two algorithms. *BJOG* 2015;122:1781-8.

27. Park FJ, Leung CH, Poon LC, Williams PF, Rothwell SJ, Hyett JA. Clinical evaluation of a first trimester algorithm predicting the risk of hypertensive disease of pregnancy. *Aust N Z J Obstet Gynaecol* 2013;53:532-9.
28. Oliveira N, Magder LS, Blitzer MG, Bashat A. First-trimester prediction of pre-eclampsia: external validity of algorithms in a prospectively enrolled cohort. *Ultrasound Obstet Gynecol* 2014;44:279-85.
29. Wright D, Rolnik DL, Syngelaki A, de Paco Matallana C, Machuca M, et al. Aspirin for Evidence-Based Preeclampsia Prevention trial: effect of aspirin on length of stay in the neonatal intensive care unit. *Am J Obstet Gynecol* 2018;218:612.e1-612.e6.
30. Wright D, Poon LC, Rolnik DL, Syngelaki A, Delgado JL et al. Aspirin for Evidence-Based Preeclampsia Prevention trial: influence of compliance on beneficial effect of aspirin in prevention of preterm preeclampsia. *Am J Obstet Gynecol* 2017;217:685.e1-685.e5.
31. Poon LC, Wright D, Rolnik DL, Syngelaki A, Delgado JL, et al. Aspirin for Evidence-Based Preeclampsia Prevention trial: effect of aspirin in prevention of preterm preeclampsia in subgroups of women according to their characteristics and medical and obstetrical history. *Am J Obstet Gynecol* 2017;217:585.e1-585.e5.
32. Roberge S, Bujold E, Nicolaides KH. Aspirin for the prevention of preterm and term preeclampsia: systematic review and metaanalysis. *Am J Obstet Gynecol* 2018;218:287-293.e1.
33. Roberge S, Bujold E, Nicolaides KH. Meta-analysis on the effect of aspirin use for prevention of preeclampsia on placental abruption and antepartum hemorrhage. *Am J Obstet Gynecol* 2018;218:483-9.

Table 1. Maternal and pregnancy characteristics in the three populations.

| Variables | Training set (n=35,948) | SQC (n=8,775) | SPREE (n=16,451) |
|---|----------------------------|-----------------------|-----------------------|
| Maternal age in years, median (IQR) | 31.3 (26.8, 35.0) | 31.5 (27.3, 35.0)* | 31.5 (27.4, 35.1)* |
| Maternal weight in kg, median (IQR) | 66.7 (59.0, 77.2) | 66.5 (59.0, 77.0)* | 67.0 (59.2, 78.0)* |
| Maternal height in cm, median (IQR) | 164.5 (160.0, 169.0) | 164.5 (160.0, 169.0)* | 165.0 (160.0, 169.0)* |
| Body mass index in kg/m ² , median (IQR) | 24.5 (22.0, 28.4) | 24.5 (21.9, 28.4)* | 24.7 (22.0, 28.7)* |
| Gestational age in weeks, median (IQR) | 12.7 (12.3, 13.1) | 12.7 (12.3, 13.1)** | 12.9 (12.4, 13.3)* |
| Racial origin | | ** | * |
| White, n (%) | 25,879 (71.99) | 6,883 (78.44) | 11,922 (72.47) |
| Black, n (%) | 6,681 (18.59) | 1,090 (12.42) | 2,337 (14.21) |
| South Asian, n (%) | 1,623 (4.51) | 462 (5.26) | 1,361 (8.27) |
| East Asian, n (%) | 846 (2.35) | 154 (1.75) | 407 (2.47) |
| Mixed, n (%) | 919 (2.56) | 186 (2.12) | 424 (2.58) |
| Conception | | ** | * |
| Natural | 34,743 (96.65) | 8,483 (96.67) | 15,765 (95.83) |
| Assisted by use of ovulation drugs | 349 (0.97) | 64 (0.73) | 125 (0.76) |
| In vitro fertilization | 856 (2.38) | 227 (2.59) | 561 (3.41) |
| Medical history | | | |
| Chronic hypertension | 561 (1.56) | 100 (1.14)* | 137 (0.83)* |
| Diabetes mellitus type 1 | 137 (0.38) | 31 (0.35)* | 46 (0.28)* |
| Diabetes mellitus type 2 | 188 (0.52) | 37 (0.42)* | 71 (0.43)* |
| SLE/APS | 53 (0.15) | 19 (0.22) | 39 (0.24)* |
| Cigarette smokers, n (%) | 3,263 (9.08) | 732 (8.34)* | 1,105 (6.72)* |
| Family history of preeclampsia, (n, %) | 1,518 (4.22) | 339 (3.86)* | 535 (3.25)* |
| Parity | | ** | * |
| Nulliparous, n (%) | 17,361 (48.29) | 4,127 (47.03) | 7,587 (46.12) |
| Parous with no previous PE, n (%) | 17,311 (48.16) | 4,459 (50.81) | 8,483 (51.57) |
| Parous with previous PE, n (%) | 1,276 (3.55) | 189 (2.15) | 381 (2.32) |
| Preeclampsia | | | |
| Total, n (%) | 1,058 (2.94) | 239 (2.72) | 439 (2.67) |
| Delivery <37 weeks, n (%) | 292 (0.81) | 59 (0.67) | 135 (0.82) |
| Delivery <34 weeks, n (%) | 128 (0.36) | 27 (0.31) | 58 (0.35) |

IQR = interquartile range; SLE = systemic lupus erythematosus; APS = antiphospholipid syndrome; Comparisons between outcome groups were by chi-square or Fisher exact test for categorical variables and Mann Whitney-U test for continuous variables; * significance value $p < 0.05$ in comparison of SQS and SPREE with the training set; + significance value $p < 0.05$ in comparison of SQS and SPREE.

Table 2. Performance of screening, with 95% confidence interval, for early-PE, preterm-PE and all-PE by the triple test in the three datasets.

| Method of screening | Discrimination | | Calibration | |
|---------------------|-------------------|----------------|-------------------|----------------------|
| | AUROC curve | DR for 10% SPR | Slope | Intercept |
| Early-PE | | | | |
| Training set | 0.95 (0.93, 0.97) | 87 (80, 92) | 0.92 (0.84, 1.01) | 0.05 (-0.14, 0.23) |
| SQS | 0.97 (0.95, 0.99) | 93 (76, 99) | 0.98 (0.80, 1.17) | 0.05 (-0.38, 0.48) |
| SPREE | 0.96 (0.93, 0.98) | 90 (78, 96) | 0.92 (0.79, 1.04) | 0.45 (0.16, 0.73) |
| Preterm-PE | | | | |
| Training set | 0.91 (0.89, 0.93) | 75 (70, 80) | 0.95 (0.89, 1.02) | -0.19 (-0.32, -0.07) |
| SQS | 0.93 (0.89, 0.96) | 75 (62, 85) | 1.00 (0.85, 1.15) | -0.19 (-0.47, 0.09) |
| SPREE | 0.93 (0.92, 0.95) | 83 (76, 89) | 1.05 (0.95, 1.15) | 0.17 (-0.01, 0.35) |
| All-PE | | | | |
| Training set | 0.83 (0.81, 0.84) | 52 (49, 55) | 1.07 (1.02, 1.12) | -0.57 (-0.64, -0.50) |
| SQS | 0.82 (0.80, 0.85) | 49 (43, 56) | 1.06 (0.94, 1.17) | -0.44 (-0.58, -0.29) |
| SPREE | 0.85 (0.83, 0.87) | 53 (49, 58) | 1.17 (1.08, 1.26) | -0.41 (-0.52, -0.31) |

Figure 1. Receiver operating characteristic plots of screening for early-PE, preterm-PE and all-PE by the triple test in the training set (green line), SQS (blue line), SPREE (red line) and the combination of the three datasets (grey line).

Figure 2. Calibration plots for screening using the competing risk model for prediction of preterm-PE by the triple test in the three datasets. The diagonal gray line is the line of perfect agreement. The overall mean risk is shown by the vertical interrupted line and the overall incidence by the horizontal interrupted line. The histograms show the distribution of risks in pregnancies with preterm-PE (red) and those without preterm-PE (grey).

Figure S1. Receiver operating characteristic plots of screening for early-PE in the three datasets and their combination by maternal factors (left) and the triple test (right).

Training set green line; SPREE, red line; SQS blue line; combination of the three datasets, grey line.

Figure S2. Receiver operating characteristic plots of screening for preterm-PE in the three datasets and their combination by maternal factors (left) and the triple test (right).

Training set green line; SPREE, red line; SQS blue line; combination of the three datasets, grey line.

Figure S3. Receiver operating characteristic plots of screening for all-PE in the three datasets and their combination by maternal factors (left) and the triple test (right).

Training set green line; SPREE, red line; SQS blue line; combination of the three datasets, grey line.

Figure S4. Calibration plots for screening using the competing risk model for prediction of early-PE by the triple test in the three datasets. The diagonal gray line is the line of perfect agreement. The overall mean risk is shown by the vertical interrupted line and the overall incidence by the horizontal interrupted line. The histograms show the distribution of risks in pregnancies with preterm-PE (red) and those without preterm-PE (grey).

Figure S5. Calibration plots for screening using the competing risk model for prediction of all-PE by the triple test in the three datasets. The diagonal gray line is the line of perfect agreement. The overall mean risk is shown by the vertical interrupted line and the overall incidence by the horizontal interrupted line. The histograms show the distribution of risks in pregnancies with preterm-PE (red) and those without preterm-PE (grey).

Figure S6. Calibration plots for screening using the competing risk model for prediction of all-PE by the triple test in the three datasets. The diagonal gray line is the line of perfect agreement. The overall mean risk is shown by the vertical interrupted line and the overall incidence by the horizontal interrupted line. The histograms show the distribution of risks in pregnancies with all-PE (red) and those

without PE (grey). The incidence counts were adjusted for the effect of censoring by multiplying the estimated incidence by the number of observations in each bin.

ACCEPTED MANUSCRIPT

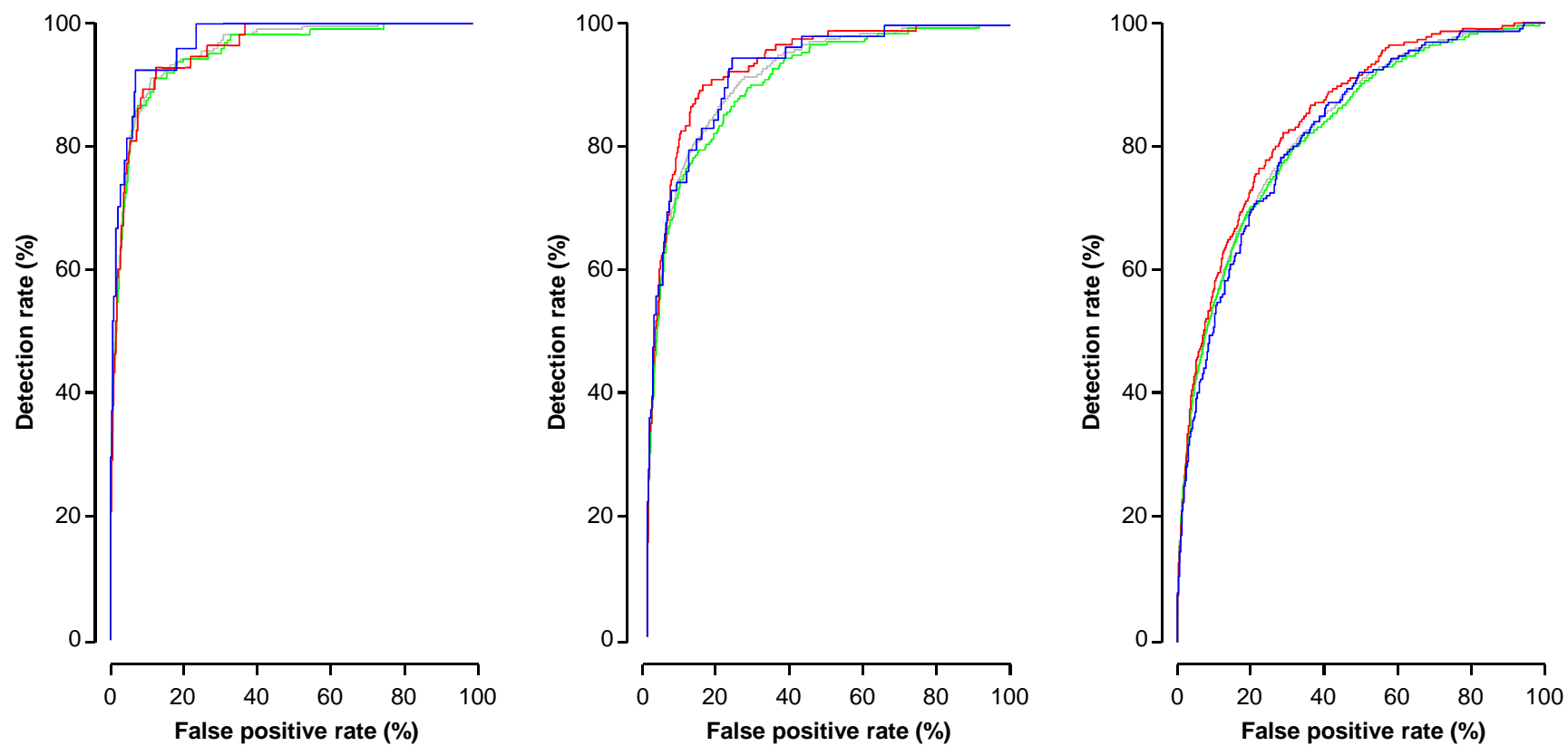


Figure 1

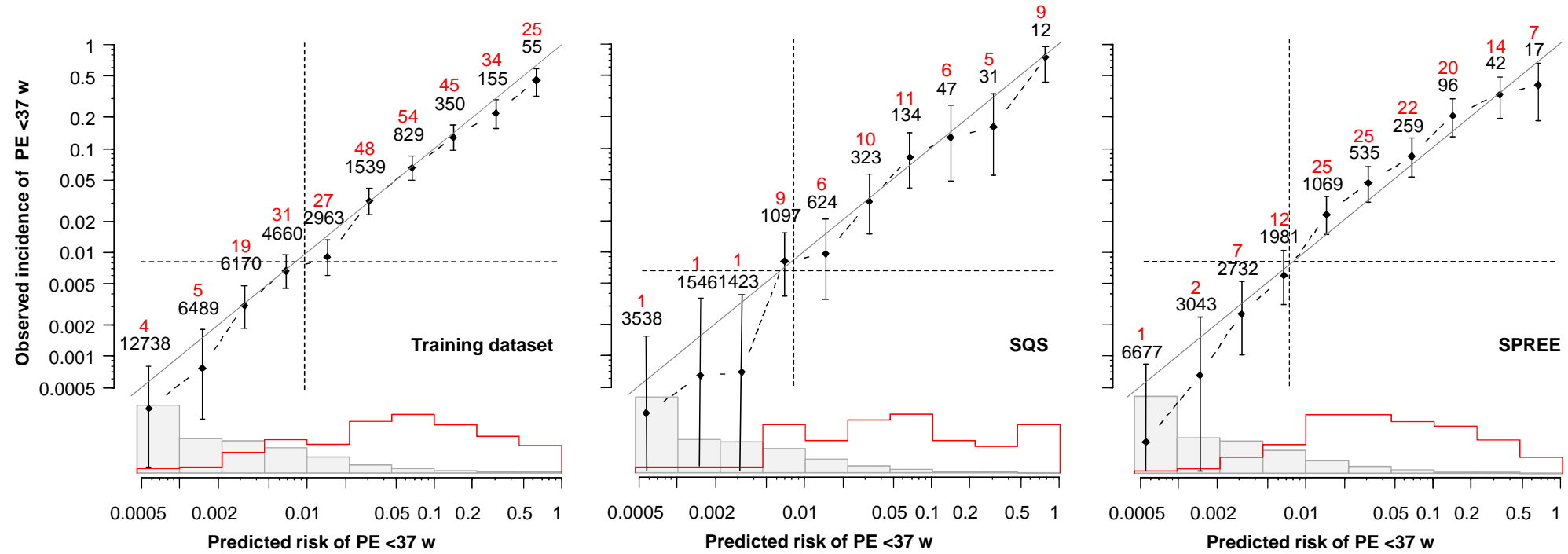


Figure 2

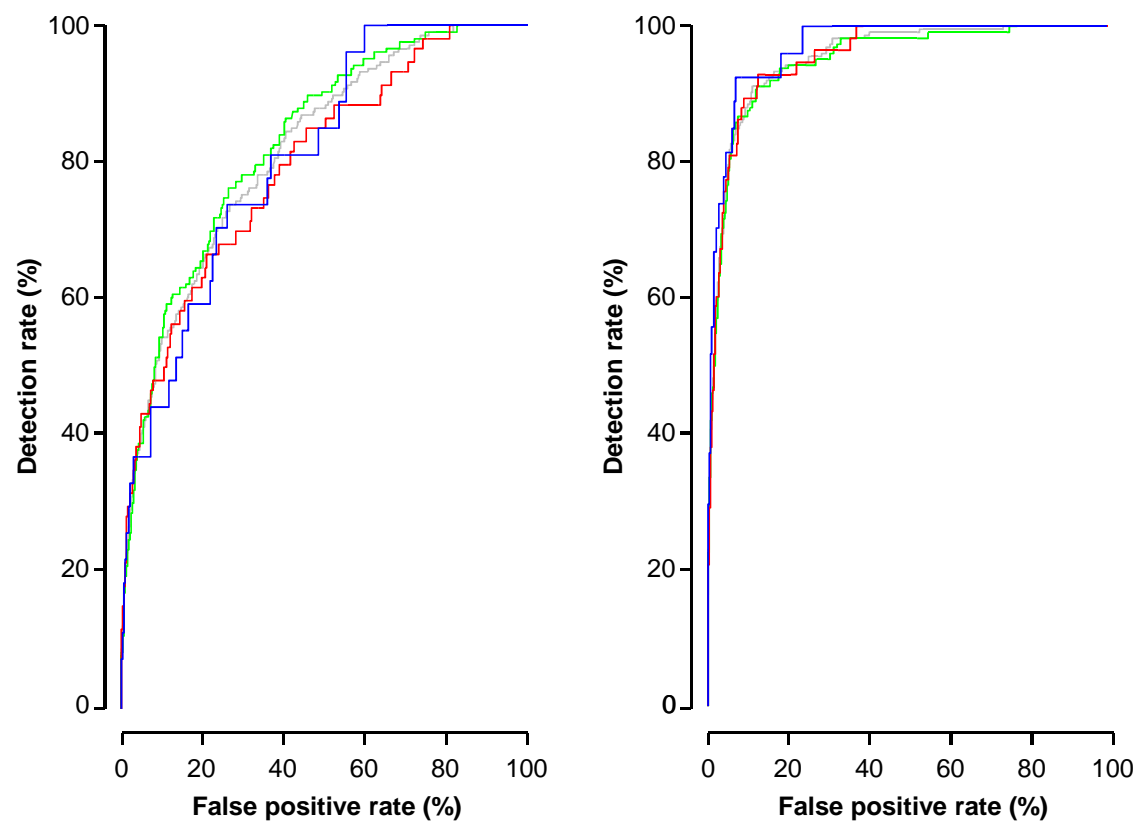


Figure S1

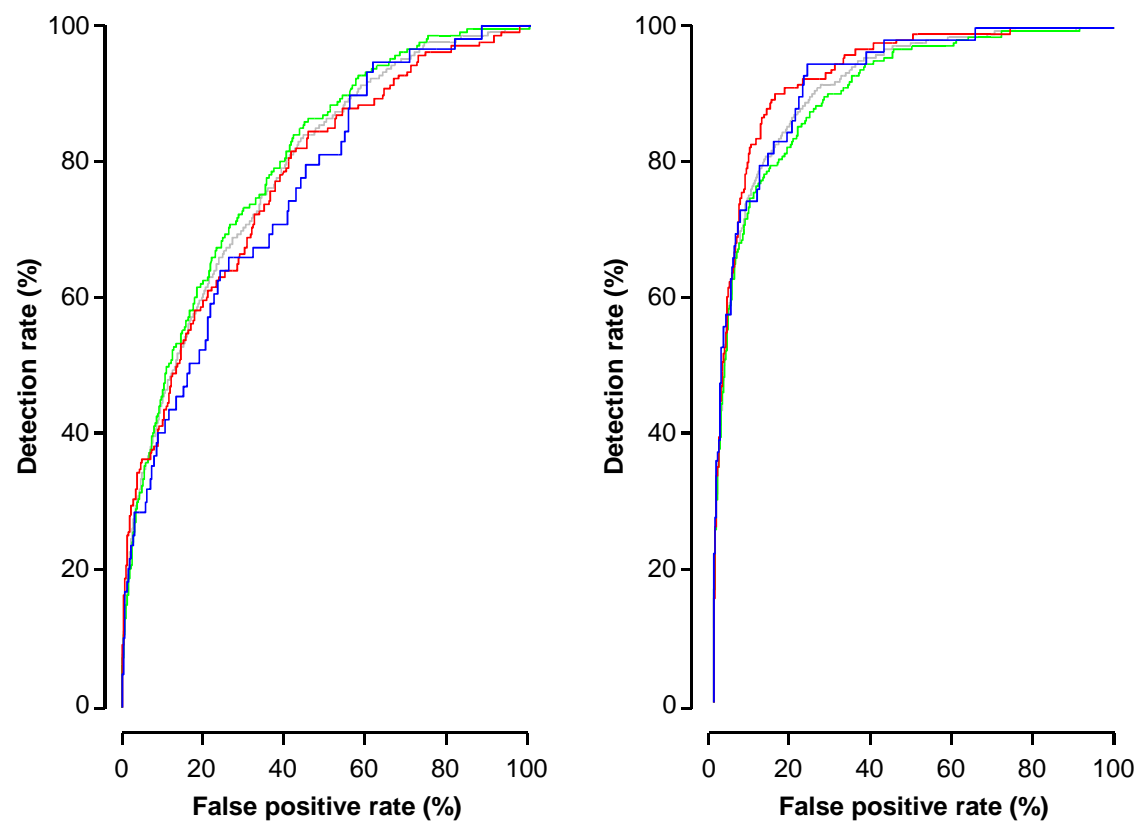


Figure S2

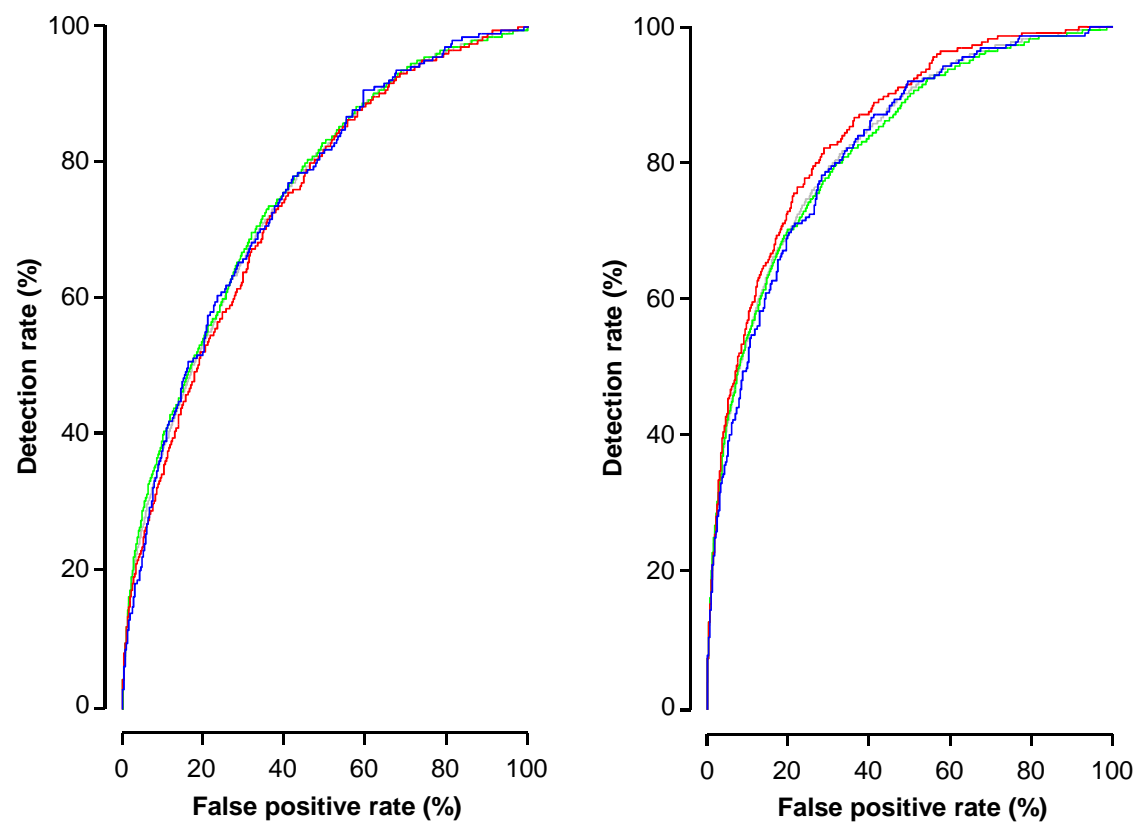


Figure S3

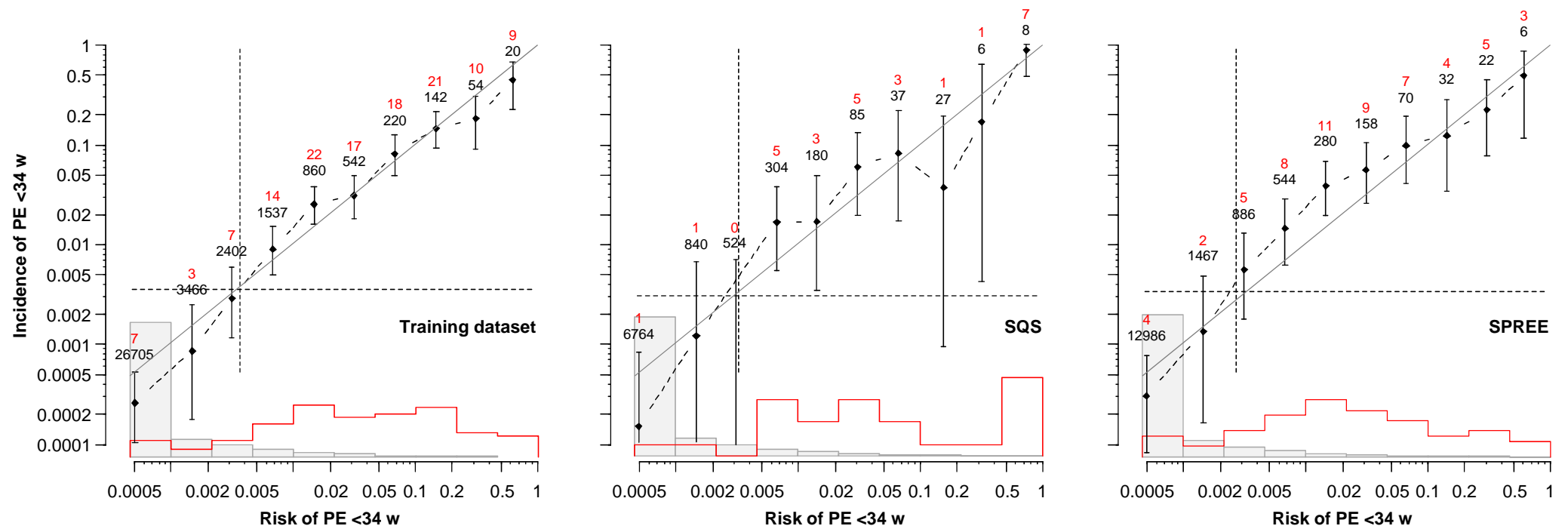


Figure S4

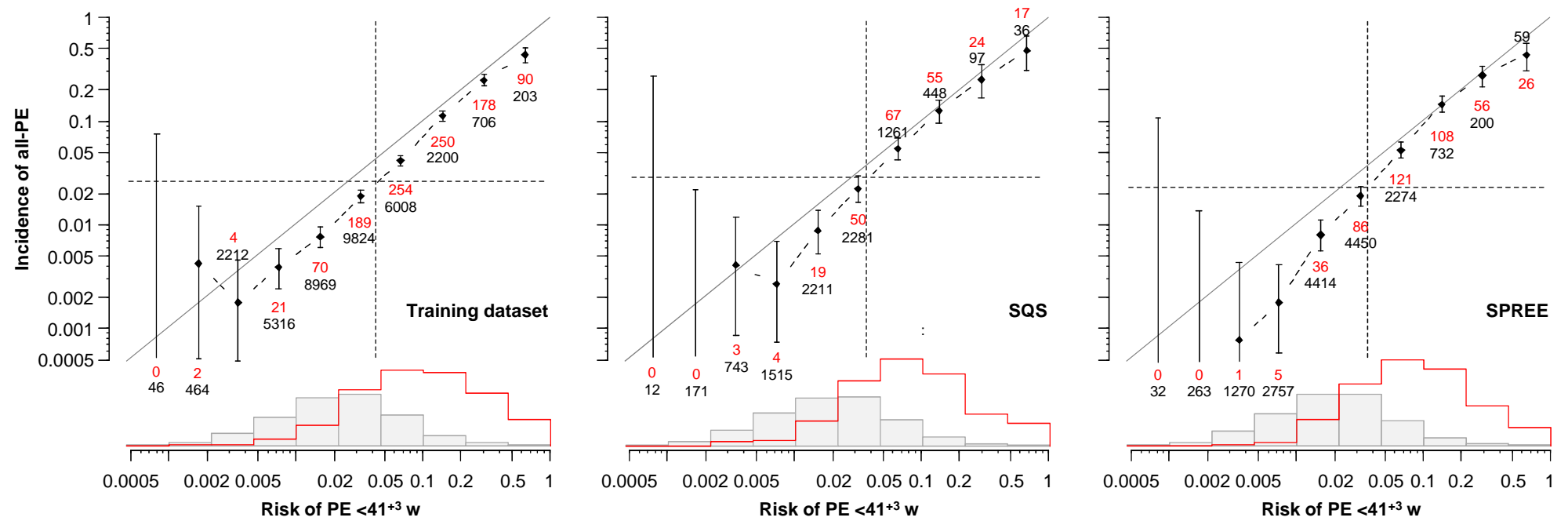


Figure S5

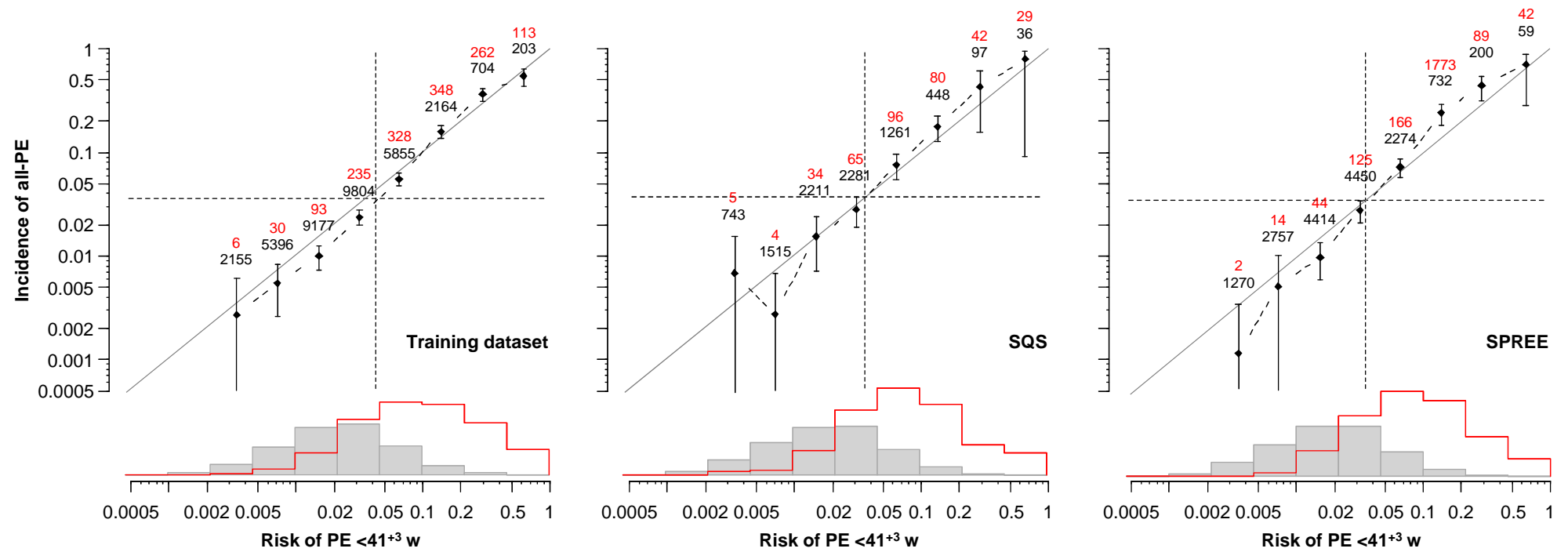


Figure S6